GHR Job Description

Position: PTA/PTA-IS

This position description has been designed to indicate the general nature and level of work performed by employees within this classification. It is not designed to contain or be interpreted as a comprehensive inventory of all duties, responsibilities and qualifications which may be required of the employee assigned to the position. Depending on the size of the facility the job duties may vary. Receipt of the job description does not imply or create a promise of employment, nor an employment contract of any kind; my employment with the Company is at-will.

Position Summary

Physical Therapy Assistants (PTA/PTA-IS) perform components of physical therapy procedures and related tasks selected by a supervising physical therapist. These workers assist physical therapists in providing services that help improve mobility, relieve pain, and prevent or limit permanent physical disabilities of patients suffering from injuries or disease.

Position Responsibilities

Physical Therapy Assistants (PTA/PTA-IS) provide care to patients based on the application of scientific physical therapy principles. Responsibilities of the Physical Therapy Assistant (PTA/PTA-IS) include (but are not limited to):

- Administers:
  - Active and passive manual therapeutic exercises,
  - Therapeutic massage
  - Heat, light, sound, water and electrical stimulation, such as ultraviolet and infrared
  - Hot and cold packs
  - Traction to relieve neck and back pain, using intermittent and static traction equipment

- Instructs, motivates and assists patients to learn and improve functional activity, such as pre-ambulation, transfer, ambulation, and daily-living activities

- Observes patients during treatments and compiles and evaluates data on patients’ responses to treatments and progress and reports verbally or in writing to the physical therapist

- Fits patients for, adjusts, and trains patients in the use and care of orthopedic braces, protheses, and supportive devices, such as crutches, canes, walkers and wheelchairs

- Performs other position-related duties as assigned, depending on assignment setting

Marginal Responsibilities

- Performs clerical duties, such as taking inventory, ordering supplies, answering telephones, and filling out forms

Other Responsibilities

- Complete required orientation as directed by facility
- Follow facility and OSHA safety rules and procedures while on assignment
- Follow facility and GHR Unusual Occurrence Protocol
- Respect cultural and religious practices of patients
- Uphold HIPAA regulations
- Punctual and dependent for assigned/confirmed shifts

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Position Requirements

- Graduate of an accredited PTA/PTA-IS program
- Current PTA/PTA-IS license, in good standing with the State licensing board
- Minimum of one (1) year PTA/PTA-IS experience, in corresponding setting
- Federal-, State- and GHR-required credentials current and on file
- Cognitive skills as related to the position

Working Conditions

Evening and weekend work may be required in order to fit patient schedules. The job is physically demanding. Physical Therapy Assistants (PTA/PTA-IS) are required to stand for long periods of time. They spend considerable time stooping, kneeling and crouching. PTA/PTA-IS move heavy equipment. They assist with patient transfers and lifts or help them turn, stand or walk. So, to guard against back injury, they must follow proper body mechanics and procedures for lifting/moving patients. Physical Therapy Assistants (PTA/PTA-IS) that work in sub-acute or long-term care settings, have patients that need more assistance, therefore the job is more physically demanding, compared to PTA/PTA-IS that work in out-patient settings.

Physical Demands

- Ability to lift fifty (50) pounds. Moving, lifting or transferring of patients may involve lifting of up to 100 pounds.
- Ability to stand for extended periods
- Fine motor skills
- Visual acuity

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to stand and talk or hear. The employee is frequently required to walk; use hands to finger, handle, or feel; and reach forward with hands and arms. The employee is occasionally required to sit and stoop, kneel, or crouch. The employee must frequently lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

Physical Demand Ratings are an estimate of the overall strength requirements that are considered to be important for an average, successful work performance of a specific job. In order to classify the occupation of a worker with a physical demand rating, the most strenuous and frequently performed tasks are evaluated. The overall physical demand rating for a job of the PTA/PTA-IS falls within the Medium classification according to the Dictionary of Occupational Titles. However, due to the population in contracted facilities, this position has been classified as Heavy (exerting 50 to 100 pounds of force occasionally, and/or 20 to 50 pounds of force frequently, and/or 10 to 20 pounds of force constantly to move objects*).

*Physical demands as published by the US Department of Labor, 1991 in the Dictionary of Occupational Titles, 4th, Edition. You may contact GHR's Human Resources Department for a comprehensive list of physical demands.